

### Information for Year One Students 2021

Your programme starts **Tuesday 09 February 2021** with a traditional Pōwhiri to formally welcome you and all other students to Whitireia. The Pōwhiri starts at 9:00am; so please assemble by 8:45am at the Porirua campus Entrance 1 carpark. Following the Pōwhiri, you will go to class where you will have the opportunity to meet your tutors and the other year one nursing students. Just bring paper and pens with you; you will not need to be in uniform.

Please note the **non-teaching day for Year One Nursing in 2021 will be Friday**. While we do try to keep to this non-teaching day, students may be required to attend tutorials, lectures and exams on a Friday. Students must be available Monday-Friday during clinical.

Course Related Costs	Approx. \$
<b>Clinical Learning Costs</b> Nursing students will spend a large amount of time off-campus completing their clinical learning experiences and this will involve significant additional costs for students. Clinical can be anywhere in the Greater Wellington Region i.e. Kāpiti Coast, Hutt Valley, Porirua and Wellington; clinical <b>are not</b> arranged based on your home address.  Students should therefore budget for additional costs which can include the cost of transport, parking, childcare etc. The amount of clinical increases each year and by year three will include rostered and rotating shifts which include night shifts and weekends.	Will vary depending on where student lives, access to transport and childcare requirements
<b>Health Screening</b> Please read and follow the attached information on health screening carefully. You <b>must</b> complete your health screening by <b>Friday 22 January 2021</b> .	250.00
<b>Vaccinations</b> Vaccinations against Chicken Pox, Hepatitis B and Influenza are strongly recommended.	29.00 up to 200.00
<b>Computer/laptop and internet</b> This programme is delivered by blended learning (face-to-face and online learning), so you will need a computer/laptop and internet access at home (students will also need to be able to study from home should Covid-19 Alert Levels change). Please note your phone is <b>not</b> an appropriate device.	varies
<b>Medical Equipment</b> You will need a stethoscope, sphygmomanometer with cuff (BP kit), and nursing scissors. The following link will take you to the Pharmaco Emergency Care webpage: <a href="https://www.pharmacoemergencycare.co.nz">https://www.pharmacoemergencycare.co.nz</a> Click on 'Buy Now' and scroll to Whitireia Nursing kits. A student discount will be applied when you use the code: <b>GEN17N</b>  The sphygmomanometer cuff can be ordered in either an adult size (23-40cm) or a large adult size (34-50cm). The larger cuff is recommended for those with larger upper arms and those who will be practicing on family/friends with larger upper arms.  You will also require a nurse's watch, which can be purchased from Pharmaco, along with the nursing kit, or purchased elsewhere.	160.00 Plus \$30
<b>Stationery</b> There are no specific stationery requirements, but you will need pens, paper, folders etc.	100.00
<b>Textbook</b> Wepa, D. (Ed.). (2015). <i>Cultural safety in Aotearoa New Zealand</i> (2 <sup>nd</sup> ed.). Melbourne, Australia: Cambridge University Press. ISBN 9781107477445  Students will be provided with access to online resources including textbooks, journals and, if required by your programme, the vSIM online simulation package.	58.50
<b>Uniform and Name Badge</b> You need to have ordered your uniform and name badge <b>before</b> the programme starts, as you must be in uniform for all clinical learning. Students must supply their own footwear; these must be black, with a fully enclosed upper and a rubber sole.  The following link will take you to the Arrow Uniform Whitireia webpage where you can select your programme and order your uniform: <a href="https://whitireia.arrowuniforms.co.nz/dashboard">https://whitireia.arrowuniforms.co.nz/dashboard</a>	220.00



# School of Health & Social Services

## Health Screening Requirements

Our clinical/fieldwork placement providers require students to be screened for specific infectious diseases. Please note that students who do not have immunity may not be allowed access to some clinical/fieldwork placements.

These tests are a requirement of entry into your programme of study and we strongly recommend you complete these by **Friday 22 January 2021**, so that your results are available before the programme starts. We currently require students' immunity status for:

Hepatitis B	Morbilli (Measles)
Varicella (Chicken Pox)	Rubella
Pertussis (Whooping Cough)	Tetanus
Tuberculosis (your offer of place letter will advise whether you need screening)	

Your immunity status is ascertained by a **blood test** and completion of the 'Health Screening' form by your GP/Health Professional. **All costs** (including screening, vaccinations and GP/health professional visits) are the responsibility of the student.

### Screening Process

1. Complete the Self Request Form at <https://mytests.sclabs.co.nz/order>. You will need to have your credit/debit card on hand as online payment is required (approx. costs for all tests is \$250).
2. Scroll down until you see the 'Immunology' heading and select the following tests:  
VZA, RUB, MOR, HEG and HEB. Students who were advised in their offer letter that they need to be screened for Tuberculosis also need to select QFG.
3. Click 'Make Payment' and complete the 'Billing and Shipping' information. Please make sure the 'sent to my email address' option is ticked.
4. Click 'Place Order' which will take you to the payment checkout.
5. You will receive a confirmation email containing a request form which you will need to print and take with you to an SCL Collection Centre (<https://www.wellingtonscl.co.nz/collection-centres/>). Please note the Tuberculosis test can only be done Monday-Thursdays.
6. Once you receive all your results back, please print them out, along with the 'Health Screening' form on the next page. Make an appointment with your GP/Health Professional for them to complete the 'Health Screening' form and to discuss vaccination options with you, if required.
7. Please email the signed 'Health Screening' form to [clinical@whitireia.ac.nz](mailto:clinical@whitireia.ac.nz) before the start date of your programme.

### Important Note

Please keep your screening results in a safe place, as placements may request to see them, and you may need them when applying for jobs.

### If you are Not Immune

If your results show that you are not immune, we strongly recommend you consider vaccination, to protect both you and your future clients. If you receive vaccinations, you will need to email evidence of the vaccine you have had and the date it was given to [clinical@whitireia.ac.nz](mailto:clinical@whitireia.ac.nz).

If you are not immune and you choose not to be vaccinated, you will need to meet with the Clinical/Fieldwork Coordinator to discuss any possible impact on placement access.

### Influenza

It is strongly recommended that students are **vaccinated annually against influenza** as you will be working with vulnerable populations.

## Health Screening Requirements (cont'd)

<b>Infectious disease/screening</b>	<b>Screening results required</b>	<b>If student has tested positive</b>	<b>Vaccination available</b>	<b>If you have no immunity/results positive and choose not to be vaccinated/treated you are unable to go to the following wards</b>
<b>Hepatitis B</b>	Hepatitis B immunity or carriage*- proof of antibody level $\geq 20$ U/L.	Carriers of Hepatitis B must have had a medical review including guidance regarding clinical placement. Advice may be sought from Industry Health and Safety Policies and Procedures. Student must advise School of Health of Hep B status.	Series of three	Emergency Department, Neonatal Intensive Care Unit, Post Anaesthetic Care Unit, Maternity, Intensive Care Unit.
<b>Varicella (Chicken Pox)</b>	Varicella immunity - a clear history of Chicken Pox or antibody positive.	Student must keep own copy of screening status and produce if required by Whitireia or placement.	Varilix vaccination	Paediatrics, Neonatal Intensive Care Unit, any ward/placement that has outbreak of Chicken Pox.
<b>Measles</b>	Proof of two MMR vaccinations or antibody positive.	Student must keep own copy of screening status and produce if required by Whitireia or placement.	MMR booster	Gynaecology, Maternity, Paediatrics, any ward/placement that has outbreak of Measles.
<b>Pertussis (Whooping Cough)</b>	Proof of vaccination in the past five years if likely to work with children under 12 months of age.	Student must keep own copy of screening status and produce if required by Whitireia or placement.	DPTP booster	Paediatrics, Neonatal Intensive Care Unit, any ward/placement that has outbreak of Whooping Cough.
<b>Influenza (Flu)</b>	Proof of annual Influenza vaccination.	Student must keep own copy of vaccination status and produce if required by Whitireia or placement. Student must stay away from placement until symptoms subside.	Annual vaccination	Some Aged Residential Care facilities, all placements if have Flu symptoms.
<b>Tuberculosis</b>	Risk assessment completed at interview.	If the test is positive for Tuberculosis students must have a chest x-ray and a medical review to exclude active TB.		(If active TB) no placements.
<b>History of skin disorders (Eczema, Dermatitis)</b>	Students who have a history of skin disorders, but skin is clear at the time of placement, and subsequently develop skin problems, must discuss this immediately with their supervisor and seek medical review. District Health Board Health and Safety Service must be contacted regarding clearance to work.			If active skin disorder, discuss with tutor and placement.

# School of Health & Social Services

## Health Screening Form

Student Name:
Programme of Study:

### TO: GP/Health Professional

Please read the patient's results and circle their immunity status below.

Serology (Test)	Immunity Status (please circle result)		Comments
HBsAg	Detected	Not detected	Carriers of Hepatitis B will receive guidance regarding clinical placements.
HBsAb	$\geq 20$ = immune	No immunity	We strongly recommend that students not immune to hepatitis B, chicken pox or measles, are vaccinated according to the NZ Ministry of Health immunisation guidelines.
Morbilli	Immune	No immunity	
Varicella	Immune	No immunity	
Rubella	Immune	No immunity	
Pertussis	Date of last vaccination:		Vaccination required unless received within last five years.
Tetanus	Date of last vaccination:		
Tuberculosis * (Quantiferon Gold)	Positive	Clear	Students who have a positive test for TB must have a chest X-ray and a medical review to exclude active TB.  Please indicate any further actions taken if positive for TB:

\* Not all students will require screening for TB as they were pre-assessed as part of the interview process.

GP/Health Professional Name:	Practice Stamp:
Signed:	
Date	

Please return completed and signed form to the student,  
along with their screening results